

10 Ways to Escape the Christian Bubble

It happens in the most innocent of ways. We begin building our Christian gyms, planning our Christian events, forming our Christian softball teams and enjoying our Christian surroundings and the next thing you know we've surrounded ourselves with ourselves and we don't even realize that we have formed a Christian bubble. We don't know how to escape and we really aren't even sure we want to.

But we are called to be salt and light in the world. We are instructed to be in the world but not of it. How can we reach a world we isolate ourselves from? How can we teach our children to look beyond the four walls of the church and *BE* the church instead of someone who just attends it?

Here are 10 ways to escape the Christian bubble:

- 1. Host a free carwash. Offer a free car wash as a church by asking a local restaurant, gas station or store to allow you to use their parking lot and then just wash people's cars for free. You can also minister to those in your neighborhood or find out if there are any senior citizens who you could help and go to their homes and just bless them with a little water, soap and elbow grease. (Be sure to use towels to dry the cars or you will end up being an aggravation and not a blessing.
- 2. **Work the concession stand.** Offer to work the concession stand at the local ball park or school and give the parents a chance to watch their children play ball. They will never forget it!
- 3. **Clean house.** Give the gift of a clean house to those who aren't able to clean their own homes...or just surprise someone (whether they are able or not) with a clean home.
- 4. **Balloon or teddy bear surprise.** Visit the local hospital or nursing home with balloons or teddy bears.
- 5. **Babysit (or adult-sit) for free.** You may know of a single mom or a caregiver who rarely gets to get away and you could offer to sit with their children or the adult the take care of.
- 6. **Intentional acts of kindness.** Pay for a meal for someone, pay for someone's gas, take a bouquet of flowers to someone sick or elderly in your neighborhood.
- 7. **Collect clothes, blankets and toiletries** for a local homeless shelter or homeless community. Jesus said the poor will be with us always. He also said what we do to others we do to Him.
- 8. **Be a friend.** Make time each week or so to visit a shut-in. Spend time talking, playing games, watching t.v. or just in silence. But let your presence show them you care.
- 9. **Mow a lawn or rake some leaves.** Surprise someone with some yard work-especially those who aren't able to do it themselves.
- 10. **Give a ride.** Be a ride for those who don't have one. Many people don't have cars or are unable to drive for some reason. Take them to their doctor's appointments, the mall, the park or the next time you run to the store, take them with you.

While it's definitely easier to surround ourselves with ourselves, we are called to live out who we are beyond the four walls of the church. As a church, as a family and as individuals...its time we escape the Christian bubble.



Stephanie Shott is the author of *Understanding What Matters Most* (a Bible study on Ecclesiastes) and founder of *The M.O.M. Initiative* (a missional mentoring ministry dedicated to taking Titus 2 to the streets). She is also a popular, practical and passionate speaker and Bible teacher who travels to share hope for the hurting, peace for the weary and truth for all.

Websites: www.stephanieshott.com

www.themominitiative.com

Facebook: http://www.facebook.com/people/Stephanie-Shott/1303068879

Twitter: http://twitter.com/stephanieshott

Email: stephanieshott@me.com